



# **YOUR JOURNEY TO FINANCIAL WELL-BEING**



WITH  
**CHRISTINE ROSE**

It might be scary to deep dive into your finances, but author, coach, and consultant Christine Rose wants to remind you that financial well-being is a journey, and not a destination. In this course, *Your Journey to Financial Well-Being*, Christine asks us some tough questions so we can figure out where our business and personal finances are now, where we want them to be, and how to take action so that we can achieve our financial goals and feel good about the process.

## 6 Steps to Financial Well-Being

- Figure out where your business is financially
- Figure out your money mindset
- Separate your personal and business finances and create budgets for each
- Find out your credit score and take action to lower your debt
- If you haven't already done so, take action to start financial planning for your personal and business financial goals
- Keep up to date on financial literacy

### About Christine Rose:

Christine partners with her coaching clients, deeply listening to get to the heart of an issue, asking strategic questions, offering invaluable, practical tools and insights, helping them uncover their authentic vision, set meaningful goals, and create a unique, proactive plan to attain them. Find Christine Rose at [christinerose.coach](http://christinerose.coach).

## QUESTIONS TO CONSIDER WHILE WATCHING THIS COURSE:

1. Answer the questions in part 1 of the course. (Figure out your client retention rate, your average sale, etc.)
2. Where do you want to be financially (both personally and in business) in 1, 3, 5, and 10 years? Write them down here.
3. Do you know your net worth? Are you getting clearer on where you are financially?
4. Have you separated your business and personal finances and prepared budgets for each?
5. How's your emergency fund?
6. Have a plan for your credit scores?
7. What's your plan to eliminate debt?
8. How much time are you committing to financial literacy?
9. Are you paying yourself first?





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branch  
**BUSINESS HUB**

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