

CREATE BUSINESS SUCCESS THROUGH BIOHACKING



WITH SHWETA SHYAMANI

There are many aspects to creating success in your business, and making sure you're in the right mindset is one of them. Shweta Shyamani has helped thousands of clients overcome emotional and physical challenges using holistic healing techniques, and many of these can be used for business success as well. Your body is the gateway to your subconscious where majority of your thoughts happen, and yet most mindset models miss this connection. In this course, Shweta talks about the mind-body-energy connection and how that can relate to the success of your goals and ultimately your business.

Learn how to create success through reprograming your mindset!

- Learn techniques to increase influence and impact
- Set a goal for your business that's framed in a way to create success
- Look at any limiting beliefs you may have
- Reprogram your mind from a mind, body, and energy prospective

About Shweta Shyamani:

Shweta Shyamani had set her sights on the C-suite of a large corporation. After completing her MBA from Kellogg she was well on her way, only to find that path utterly life-sucking. With no plan, she leapt off the corporate ladder to find what made her heart sing. To her surprise, that turned out to be the fields of energy healing and personal growth. Now, after more than a decade, Shweta helps her clients transform their pain into power and create a life they love.

QUESTIONS TO CONSIDER WHILE WATCHING THIS COURSE:

1. How can you visualize grounding yourself before a meeting?	
2. Practice the different physical exercises for grounding, energy, the clearly.	ninking
3. Write down your big, audacious business goal. (Include metrics track progress.)	s to better
4. How will you feel when you achieve your goal? Get vivid!	
5. Script out the story of how it's going to feel once you achieve the sure to include sensory descriptions, like how people are going to how you're going to celebrate, what you're going to see, etc.	•

PUT YOUR THOUGHTS DOWN HERE:

